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POINTER'S**

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Triads:

Reiter syndrome triad :

Urethritis
Conjunctivitis
Arthritis

Triad of Alports Syndrome

Sensorineural deafness
Progressive renal failure
Ocular anomalies

Triad of Behcet's Syndrome

Recurrent oral ulcers
Genital ulcers
Iridocyclitis

Beck's Triad of Cardiac Tamponade

Muffled heart sound
Distended neck veins
Hypotension

Charcot's Triad For Cholangitis

Fever with rigors
Right hypochondriac pain
Jaundice

Charcots triad of Multiple sclerosis(www.homoeoadda.in)

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Nystagmus
Intention tremor
Stacato or scanning speech

Wilms tumor Triad –hematuria+ fever+ abd mass

Wilson's disease (Neuro manifestation)Triad-Dystonia, inco-ordination, tremor

Triad of Hypernephroma (Renal Cell Ca)

Pain + hematuria + renal mass

Hutchinson's Triad Of Congenital syphilis

Hutchison's teeth

Interstitial keratitis

Nerve deafness

Triad of Kwashiorkar

Growth retardation

Mental changes

Edema

Saint's Triad www.homoeoadda.in

Gall stones

Diverticulosis

Hiatus hernia

Trotter's Triad Of Nasopharyngeal Carcinoma

Conductive deafness (blockade of Eustachian tube)

Immobility of homolateral soft palate (X th CN nerve involved)

Trigeminal neuralgia (V th CN nerve involved)

Virchow's Triad

Stasis

Hypercoagulability

Vessel injury

Hemolytic Uremic Syndrome Triad

Anaemia

Thrombocytopenia

Renal failure

Pentad of TTP

Microangiopathic haemolytic anaemia

Fever

Disturbed neurological function

Renal failure
Thrombocytopenia

Fanconi Syndrome Triad

Aminoaciduria
Proteinuria
Phosphaturia

Tetany in Children – Triad

Stridor
Carpopedal spasm
Convulsions

Pentalogy of Fallot

Fallot's tetralogy with, in addition, a patent foramen ovale or
Atrial septal defect

Vogt's triad of Congenital Toxoplasmosis (3C)

Choroidoretinitis.
Cerebral calcification.
Convulsions

Vogt's triad of Post congestive glaucoma –

Glaucoma flecken,
Pigments on endothelium
Iris atrophy

VOGT triad of tuberous sclerosis www.homoeoadda.in

Facial nevus (Adenoma sebaceum)
Seizures
Mental retardation

Vogt's triad of Buphthalmos: (BPL) = Lacrimation, photophobia, Blepharospasm

Triad of sandblom (for Hemobilia)-(MOB)

M: Melena
O: Obstructive Jaundice
B: Biliary colic.

Samters triad:

Aspirin intolerance
Asthma
Nasal polyp

Carney triad

Pulmonary chondroma
Paraganglioma (Extra adrenal)
GIST

Anderson Triad

Bronchiectasis
Cystic fibrosis
Vitamin A deficiency

Beck's triad of Para pharyngeal Abscess

External cervical swelling (at the submandibular region which is tender)
Trismus due to spasm of the medial pterygoid
Internal swelling: of the lateral pharyngeal wall, pushing the tonsil medially

Beck's cognitive triad (negative thought in depression)

Negative thought of self
Negative thought of environment
Negative thought of future

Cushing's triad is a late sign of increase intra-cranial tension

Hypertension
Respiratory depression
Bradycardia

Ecological triad of disease

Causative Agent
Host
Environment

Gradenigo's triad of Petrositis

Persistent otorrhea
Ipsilateral retro-orbital pain due to irritation of the nearby trigeminal ganglion(CN-

V)

Ipsilateral squint and diplopia due to paralysis of the 6th nerve•

Trotter's triad is diagnostic for nasopharyngeal carcinoma

Unilateral conductive hearing loss(secretory otitis media)

Ipsilateral earache and facial pain(trigeminal nerve)

Ipsilateral paralysis of the soft palate

Atta's triad of bilharzia dysentery

Bleeding per rectum

Polyposis

Clubbing of fingers

VOGT triad of tuberous sclerosis

Facial nevus (Adenoma sebaceum)

Seizures

Mental retardation

WHIPPLE'S triad of insulinoma

Signs & symptoms of Hypoglycemia

Serum glucose < 2.5 m moles/lit

Relief of symptoms on administration of glucose

O' Donoghue Triad:Twisting force in a weight bearing knee joint causes injury to

Medial collateral ligament

Anterior cruciate ligament

Medial meniscus

Triad of Mercury poisoning

Excessive salivation and Gingivitis

Danbury tremors (very severe= Concussio mercurialis)

Neuropsychiatric illness (Erethism)

- **Triad of Meig's syndrome**

Benign tumor of ovary (fibroma)

Ascites

Pleural effusion

- **TRIADS series CONTINUED in Etextbook by Homoeoadda**

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Criteria

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- **Dukes criteria:** Endocarditis/Heart failure
- **Butchers criteria :**mesothelioma
- **Ann Arbours classification :**Hodgki.s lymphoma
- **Bismuth classification:** tumors of hepatic ductal system
- **Nazers Index:** Wilsons disz
- **Pagets Index :** Abruptio placentae
- **Quetlet index:** BMI -wt in kg/ht in meter square

- **Ponderial Index:** ht in cm/cube root of body wt in kgs
- **Brocas index :** Ht in cms-100
- **Corpulence index :** Actual wt/desired wt
- **Milans crjteria:** for liver transplant in HCC
- **Mayers n cottons grading system:** Subglottic stenosis
- **Spaldings criteria:** abdominal pregnancy
- **GCS/Ransons criteria/APACHE score:** Pancreatitis
- **Ennekings staging :** Bone tumors
- **Mc Donald's criteria:** Multiple Sclerosis
- **Epworths criteria :** Sleep apnea
- **Framminghams criteria/Boston's criteria:** CHF
- **Durie salmon system** of staging: Multiple myeloma
- **CRITERIA series CONTINUED in Etextbook by Homoeoadda**

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Gold standard method

Gold standard method for estimating resting **energy expenditure** – indirect calorimetry

Gold standard investigation for diagnosis of **Iron deficiency anemia** – Estimation of serum Ferritin

Gold standard for proving that the life span of red cell is decreased (**useful in Hemolytic anemia**) – Red cell survival study

Gold standard for evaluation of **stem cell transplantation** therapy – Hemopoietic stem cell transplantation

Gold standard technique for differentiating allograft rejection and reactivation of

disease **after heart transplantation** – Endo-myocardial Biopsy

Gold standard investigation for diagnosis of **DVT** – Contrast Venography

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Gold standard investigation for diagnosis of **acute pharyngitis** –
Throat Culture

Gold standard investigation for diagnosis of **pertussis** – Culture of
nasopharyngeal secretions

Gold standard investigation for diagnosis of **Otitis externa** caused by
P. aeruginosa – Technetium99 bone scan

Gold standard investigation for diagnosis of **Acoustic Neuroma** –
Gadolinium MRI

Gold standard investigation for diagnosis of **Shigella infection** –
Isolation and identification of pathogen from fecal material

Gold standard investigation for diagnosis of **Tuberculous meningitis**
– Culture of CSF

Gold standard investigation for diagnosis of **HSV Encephalitis** –
Brain biopsy (CSF PCR largely replaced brain biopsy in recent times)

Gold standard investigation for diagnosis of **histoplasmosis** – Fungal
Culture

Gold standard investigation for diagnosis of **hypertrophic
cardiomyopathy and atrial myxoma** – Echocardiogram

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