



2022

Homoeopathy - The Miracle Cure



“Homoeopathy is a refined method of treating patients economically and non-violently.”

Mahatma Gandhi



This calendar is a tribute to Dr. Christian Friedrich Samuel Hahnemann who invented Homoeopathy and the Ministry of Ayush, Government of India, which is promoting alternative systems of medicine - Ayurveda, Yoga and Naturopathy, Unani, Siddha and Homoeopathy (AYUSH) and hence Ayush, which means longevity.

Homoeopathy is a very large system of medical care in the world. Dr. Hahnemann, a German physician, invented it in 1796. Homoeopathy is based on the scientific principles of “Law of Similars” (like cures like), which means a substance, which can cause certain symptoms in a healthy person when administered in large doses, can cure similar symptoms if administered in minute doses. The homoeopathic medicines essentially stimulate the vital force - body’s own natural healing powers - to restore health gently and quickly. A homoeopathic medicine is identified based on the visible symptoms and the entire personality of the patient.

Homoeopathic medicines are derived from a variety of sources, plants & vegetables, minerals & chemicals, animals, etc. It has advantages in terms of alleviation of sickness and reduced costs of treatment and medication. Homoeopathic system of medicine is suitable for all.

Homoeopathic medicines work in all types of ailments including emergencies. While there are over 4,000 medicines in homoeopathy, a few important ones - twelve are highlighted in this calendar.

This calendar is endeavouring to present an alternative system of medicine, which is widely practised in India. The readers are requested to get proper medical advice from their own trusted doctors.





Cactus Grandiflorus (Night-blooming Cereus)

A magical medicine for cardiac emergencies.

Constriction in body is the key symptom for usage of Cactus. Cactus works effectively in angina pectoris, violent palpitation, pain in left arm, aortic valve diseases, extreme exhaustion, panting, suffocative constriction in throat, daily onset of fever at the same hour.

In Cactus patients, the symptoms deteriorate while lying on their left side, walking, taking staircase and they feel better in the open air.

Mother Tincture [Q-liquid] is often used in emergencies for external application as well as consumption.



Arsenic Album (Arsenic Trioxide)

For prevention and cure of viral infections.

Arsenic Alb works well against viral infections, food poisoning, stings of wasps, sudden onset of sneezing, gangrene and low vitality.

Arsenic Alb patients may experience asthma attacks at midnight, experience burning sensation in the chest, suffocation and cough while lying on their back, characterised by restlessness, thirstiness for a few sips of warm water, sensitive to factors like wet & cold weather, cold drinks & food and seashore. They feel better on the right side of the body and find relief in heat, warm drinks & elevated head position while lying down.



Arnica Montana (Leopard's Bane)

Answer to any injury.

It is an excellent remedy for all injuries - fall, blow, bruise, concussion, fracture, haemorrhage, strain, pain in limbs and body. Arnica reduces surgical shock and promotes early healing.

Arnica patients are nervous, cannot stand pain and feel sick even with least touch & movement. Their health worsens in damp cold weather and with the consumption of wine. They feel better by lying down and with their head at a low position.



Carbo Vegetabilis (Vegetable Charcoal)

Way to restoring vitality.

Carbo Veg works well when there is a burning pain in the throat and stomach. It improves digestion. It is useful when a patient experiences loss of vital power, has asthma and pneumonia.

Carbo Veg patients are characterised by shortness of breath, restlessness, anxiousness, easily frightened, cold hands and feet and an urge to be fanned. They prefer to keep windows open to get more air.

Carbo Veg patients' conditions get worse generally in the evening and at night time, from cold weather, consuming fatty food, butter, coffee, milk and wine.



Natrium Muriaticum (Sodium Chloride)

A remedy for problems from excess salt consumption.

Natrium Mur symptoms include hypertension, fright & anger, violent headache, cold & sneezing, loss of smell & taste, breathlessness, sunstroke, violent itching on head.

Natrium Mur patients are generally hypochondriac, fearful, sad and easily tend to cry.

Natrium Mur patients' problems aggravate with noise, loud music, warm rooms and when present near the seashore. They are relatively comfortable when lying on the right side, or in the open air, or after taking a cold bath.



Mercurius Solubilis (Quicksilver)

A must for most of the infections.

Merc Sol works well for viral fevers, throat infection, tonsillitis, spongy & bleeding gums, mouth ulcers, weak digestion, enlarged liver, pain in coccyx and eye floaters.

Merc Sol patients are sensitive to cold and heat, have poor memory and excessive salivation. They feel worse while lying on their right side or at night or in wet & damp weather.



Belladonna (Deadly Nightshade)

Medicine for sudden violent problems.

Belladonna works for problems, which manifest suddenly and violently, may last for a long time but also cease suddenly.

Symptoms include high fever, headache, convulsion, conjunctivitis, swollen tonsils, swollen painful tongue, palpitation, air-sickness, restless sleep. All such problems become worse with touch, noise, and during afternoon & night times.

Belladonna patients feel better when the body is partly in upright posture.



Pulsatilla (Wind Flower)

A female remedy.

Pulsatilla is a useful medicine for headache, loss of smell & taste, nose block, dry cough, dyspepsia, dysentery, involuntary urination, nervous debility, suppressed menses and shifting pain in the nape & back. This medicine can aid in normal child delivery.

Pulsatilla patients are generally mild, timid, irresolute, gentle, weep while talking, like sympathy, fear loneliness and darkness.

Pulsatilla patients' problems turn worse from heat, rich fatty food, warm rooms and towards the evening. They feel better in open air, movement, cold towel application, cold food and drinks.



Rhus Toxicodendron (Poison Oak)

To ward off problems in damp weather.

Rhus Tox is an essential medicine for rheumatic problems, sprain, body pain, dry cough, painful swelling of joints, pain in tendons and ligaments, sciatica, stiffness of limbs, cellulitis, burning & itching eruptions on skin.

Rhus Tox patients tend to be extremely restless. The problems get worse while at rest and from cold, wet & damp weather. They are better with movement, change of position, from stretching of limbs with warm application and warm dry weather.



Nux Vomica (Poison Nut)

A solace for lifestyle woes.

Nux Vomica is primarily a male medicine.

It is a remedy for the problems arising out of modern life: congestive headache, blockage of nose, eructation, dyspepsia, nausea, vomiting, constipation, haemorrhoids, irritable bladder, cramps, cracking in knee joints and sleeplessness.

Nux Vomica patients usually have white collar jobs, lead a sedentary life, take more stimulants, wake through the night, are usually irritable, and have a fault finding tendency.

Their problems are usually worse in the morning, with mental exertion, after consumption of spices, in dry & cold weather. They feel better in the evenings with a nap, rest and in wet weather.



Cantharis Vesicatoria (Spanish Fly)

Helpful treatment for minor burns.

It is the most valuable medicine for all types of burns and scalds, inflammation of eyes, urinary tract infections and herpes.

Cantharis Q [Mother Tincture-liquid] is used for the burns & scalds externally and Cantharis 30 potency pills are used for consumption.

Cantharis patients feel worse from touch and drinking cold water.



Aconitum Napellus (Monkshood)

A drug for emergencies and acute diseases.

It works immediately, if taken, as one begins to feel unwell with the exposure to dry, cold or hot weather.

Symptoms could be bursting headache, inflamed red eyes, dry gums, cold & sneezing, dry cough, chest pain, palpitation with anxiety, tingling in fingers, etc. It also works for stopping onset of acute diseases related to the above symptoms.

Aconite patients exhibit anguish of mind & body, fear, anxiety & worry. They feel worse in warm rooms, from loud music, tobacco-smoke and feel better in the open air.



Cactus Grandiflorus

(Night-blooming Cereus)

A magical medicine for cardiac emergencies.

2022

जनवरी

पौष/माघ 1943

JANUARY

Pausha/Magha 1943

रवि Sun	सोम Mon	मंगल Tue	बुध Wed	गुरु Thu	शुक्र Fri	शनि Sat
13 30	14 31					पौष Pausha 13,14 1
15 2	16 3	17 4	18 5	19 6	20 7	21 8
22 9	23 10	24 11	25 12	26 13	27 14	28 15
29 16	30 17	माघ Magha 1 18	2 19	2 20	3 21	4 22
5 23	6 24	7,8 25	9 26	10 27	11 28	12 29

दिसंबर 2021						
रवि	सोम	मंगल	बुध	गुरु	शुक्र	शनि
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



फरवरी 2022						
रवि	सोम	मंगल	बुध	गुरु	शुक्र	शनि
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					



Arsenic Album

(Arsenic Trioxide)

For prevention and cure of viral infections.

2022

फरवरी

माघ/फाल्गुन 1943

FEBRUARY

Magha/Falguna 1943

रवि Sun	सोम Mon	मंगल Tue	बुध Wed	गुरु Thu	शुक्र Fri	शनि Sat							
		माघ Magha 15	1	16,17	2	18	3	19	4	20	5		
21	6	22	7	23	8	23	9	24	10	25	11	26	12
27	13	28	14	29	15	30	16	फाल्गुन Falguna 1	17	2	18	3	19
4	20	5	21	6	22	7	23	8	24	9	25	10	26
11,12	27	13	28										

जनवरी 2022						
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मार्च 2022						
रवि	सोम	मंगल	बुध	गुरु	शुक्र	शनि
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



Arnica Montana

(Leopard's Bane)

Answer to any injury.

2022

मार्च

फाल्गुन 1943/चैत्र 1944

MARCH

Falgun 1943/Chaitra 1944

रवि Sun	सोम Mon	मंगल Tue	बुध Wed	गुरु Thu	शुक्र Fri	शनि Sat							
		फाल्गुन Falgun 14	1	15	2	16	3	17	4	18	5		
19	6	20	7	21	8	22	9	23	10	24	11	24	12
25	13	26	14	27	15	28	16	29	17	30	18	चैत्र Chaitra 1	19
2	20	3,4	21	5	22	6	23	7	24	8	25	9	26
10	27	11	28	12	29	13	30	14	31				

फरवरी 2022						
रवि	सोम	मंगल	बुध	गुरु	शुक्र	शनि
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6	7	8	9	10	11	12
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अप्रैल 2022						
रवि	सोम	मंगल	बुध	गुरु	शुक्र	शनि
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30



Carbo Vegetabilis

(Vegetable Charcoal)

Way to restoring vitality.

2022

अप्रैल

चैत्र/वैशाख 1944

APRIL

Chaitra/Vaishakha 1944

रवि Sun	सोम Mon	मंगल Tue	बुध Wed	गुरु Thu	शुक्र Fri	शनि Sat
					चैत्र Chaitra 15	1
						2
17	3	18	4	19	5	20
						6
24	10	25	11	26	12	27
						13
वैशाख Vaishakha 1	17	2	18	3	19	4
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मार्च 2022						
रवि	सोम	मंगल	बुध	गुरु	शुक्र	शनि
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मई 2022						
रवि	सोम	मंगल	बुध	गुरु	शुक्र	शनि
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



Natrium Muriaticum

(Sodium Chloride)

A remedy for problems from excess salt consumption.

2022

मई

वैशाख/ज्येष्ठ 1944

MAY

Vaishakha/Jyeshtha 1944

रवि Sun	सोम Mon	मंगल Tue	बुध Wed	गुरु Thu	शुक्र Fri	शनि Sat
वैशाख Vaishakha 16 1	17 2	18 3	18 4	19 5	20 6	21 7
22 8	23 9	24 10	25 11	26 12	27 13	28 14
29 15	30 16	ज्येष्ठ Jyeshtha 1,2 17	3 18	4 19	5 20	6 21
7 22	8 23	9 24	10 25	11 26	12 27	13 28
14 29	15 30	16 31				

अप्रैल 2022						
रवि	सोम	मंगल	बुध	गुरु	शुक्र	शनि
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जून 2022						
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26	27	28	29	30		



Mercurius Solubilis

(Quicksilver)

A must for most of the infections.

2022

जून

ज्येष्ठ/आषाढ 1944

JUNE

Jyeshtha/Ashada 1944

रवि Sun	सोम Mon	मंगल Tue	बुध Wed	गुरु Thu	शुक्र Fri	शनि Sat							
			ज्येष्ठ Jyeshtha 17	1	18	2	19	3	20	4			
21	5	21	6	22	7	23	8	24	9	25,26	10	27	11
28	12	29	13	30	14	आषाढ Ashada 1	15	2	16	3,4	17	5	18
6	19	7	20	8	21	9	22	10	23	11	24	12	25
13	26	14	27	15	28	15	29	16	30				

मई 2022						
रवि	सोम	मंगल	बुध	गुरु	शुक्र	शनि
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जुलाई 2022						
रवि	सोम	मंगल	बुध	गुरु	शुक्र	शनि
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Belladonna

(Deadly Nightshade)

Medicine for sudden violent problems.

2022

जुलाई

आषाढ/श्रावण 1944

JULY

Ashada/Shravana 1944

रवि Sun	सोम Mon	मंगल Tue	बुध Wed	गुरु Thu	शुक्र Fri	शनि Sat
18 31					आषाढ Ashada 17 1	18 2
19 3	20 4	21 5	22 6	23 7	24 8	25 9
26 10	27 11	28,29 12	30 13	श्रावण Shravana 1 14	2 15	3 16
4 17	5 18	6 19	7 20	8 21	9 22	10 23
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जून 2022						
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अगस्त 2022						
रवि	सोम	मंगल	बुध	गुरु	शुक्र	शनि
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Pulsatilla

(Wind Flower)

A female remedy.

2022

अगस्त

श्रावण/भाद्रपद 1944

AUGUST

Shravana/Bhadrapada 1944

रवि Sun	सोम Mon	मंगल Tue	बुध Wed	गुरु Thu	शुक्र Fri	शनि Sat
	श्रावण Shravana 19	1	20	2	21	3
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जुलाई 2022						
रवि	सोम	मंगल	बुध	गुरु	शुक्र	शनि
31					1	2
3	4	5	6	7	8	9
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17	18	19	20	21	22	23
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सितंबर 2022						
रवि	सोम	मंगल	बुध	गुरु	शुक्र	शनि
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	



Rhus Toxicodendron

(Poison Oak)

To ward off problems in damp weather.

2022

सितंबर

भाद्रपद/आश्विन 1944

SEPTEMBER

Bhadrapada/Aashwina 1944

रवि Sun	सोम Mon	मंगल Tue	बुध Wed	गुरु Thu	शुक्र Fri	शनि Sat
				भाद्रपद Bhadrapada 20	1	2
				21	22	3
23	4	24,25	5	26	6	27
				28	8	29
					9	30
					10	
आश्विन Aashwina 1	11	2	12	3	13	4
				5	14	6
					15	7
					16	8
8	18	9	19	10	20	11
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अगस्त 2022						
रवि	सोम	मंगल	बुध	गुरु	शुक्र	शनि
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अक्टूबर 2022						
रवि	सोम	मंगल	बुध	गुरु	शुक्र	शनि
30	31					1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29



Nux Vomica

(Poison Nut)

A solace for lifestyle woes.

2022

अक्टूबर

आश्विन/कार्तिक 1944

OCTOBER

Aashwina/Kartika 1944

रवि Sun	सोम Mon	मंगल Tue	बुध Wed	गुरु Thu	शुक्र Fri	शनि Sat
21 30	22 31					आश्विन Aashwina 21 1
22 2	23 3	24 4	25 5	26 6	27,28 7	29 8
30 9	कार्तिक Kartika 1 10	2 11	3 12	4 13	5 14	6 15
6 16	7 17	8 18	9 19	10 20	11 21	12 22
13 23	14 24	15 25	16 26	17 27	18 28	19,20 29

सितंबर 2022

रवि	सोम	मंगल	बुध	गुरु	शुक्र	शनि
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	



नवंबर 2022

रवि	सोम	मंगल	बुध	गुरु	शुक्र	शनि
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			



Cantharis Vesicatoria

(Spanish Fly)

Helpful treatment for minor burns.

2022

नवंबर

कार्तिक/मार्गशीर्ष 1944

NOVEMBER

Kartika/Margshirsha 1944

रवि Sun	सोम Mon	मंगल Tue	बुध Wed	गुरु Thu	शुक्र Fri	शनि Sat							
		कार्तिक Kartika 23	1	24	2	25	3	26	4	27	5		
28	6	29	7	30	8	मार्गशीर्ष Margshirsha 1	9	2	10	3	11	4	12
5	13	6	14	7	15	8	16	8	17	9	18	10	19
11	20	12	21	13	22	14,15	23	16	24	17	25	18	26
19	27	20	28	21	29	22	30						

अक्टूबर 2022						
रवि	सोम	मंगल	बुध	गुरु	शुक्र	शनि
30	31					1
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16	17	18	19	20	21	22
23	24	25	26	27	28	29



दिसंबर 2022						
रवि	सोम	मंगल	बुध	गुरु	शुक्र	शनि
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18	19	20	21	22	23	24
25	26	27	28	29	30	31



Aconitum Napellus

(Monkshood)

A drug for emergencies and acute diseases.

2022

दिसंबर

मार्गशीर्ष/पौष 1944

DECEMBER

Margshirsha/Pausha 1944

रवि Sun	सोम Mon	मंगल Tue	बुध Wed	गुरु Thu	शुक्र Fri	शनि Sat							
				मार्गशीर्ष Margshirsha 23,24	1	25	2	26	3				
27	4	28	5	29	6	29	7	30	8	पौष Pausha 1	9	2	10
3	11	4	12	5	13	6	14	7	15	8	16	9	17
10	18	11	19	12	20	13	21	14	22	15	23	16	24
17,18	25	19	26	20	27	21	28	22	29	23	30	24	31

नवंबर 2022						
रवि	सोम	मंगल	बुध	गुरु	शुक्र	शनि
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			



जनवरी 2023						
रवि	सोम	मंगल	बुध	गुरु	शुक्र	शनि
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				